



Dr. Crutchfield's Top 12 things to do when it is time to change the clocks in the spring:

1. Change the batteries in your Carbon Monoxide Detectors and Smoke Alarms.
2. Check your exterior house lights to make sure all bulbs are working.
3. Check your credit score with the three credit bureaus to make all things look appropriate and there are no mistakes.
4. Clean out the exit vent in your dryer to remove any lint. 15,000 fires a year are started in the United States because of excess lint build up in the dryer exit vent and tube.
5. Put a preventive cleaner down your most frequently used drains. This will avoid clogs and future calls to the plumber. There are preventative treatment kits available at most hardware stores
6. Use a mold preventative treatment kit in your washer to get rid of any moldy smells. These commercially available treatment kits help keep your washing machine smelling clean and fresh.
7. If you have an Osmosis Drinking System or Water Filtration System in your house; replace the filters.
8. Check to make sure your lawnmower is working; this is a good time to service it. Although you may not use it for another six weeks; now is the time to make sure it is up and running. So when it is time, it is ready and working.
9. Have your chimney cleaned if you have been using it throughout the winter.
10. Treat and clean your garbage disposal. There are kits available to make sure it is clean and fresh and free of mold.
11. Treat your septic system if you have such a system.
12. Finally, make sure all the down spouts are connected so they function properly to carry water away from the house. With the winter over a lot of the connections are lost. This is a good time to make sure they are still connected.