

DERMATOFIBROMA

Dermatofibromas are harmless, very common, firm bumps that occur in the skin.

They range from flesh colored to dark brown, with the center usually being slightly darker than the outside edge. The cause of dermatofibromas is unknown, but some have suggested that they may be a funny skin reaction to a bug bite or minor injury.

Often dermatofibromas will “dimple” down if they are squeezed from the sides. This is a quick and easy clue to their diagnosis and your doctor probably performed this simple test on your dermatofibroma.

Dermatofibromas can occur at any age and they occur slightly more frequently in women than men. Dermatofibromas are most often located on the legs and arms, but than occur anywhere. Usually dermatofibromas appear alone, but sometimes, there may be several of them.

Dermatofibromas rarely produce any symptoms and generally require no treatment.

If they occur in a cosmetically sensitive area, or if they are tender or irritated, they can be removed by a minor surgical procedure.